

The meditations were recorded live on location at Folk Tree Lodge, Bragg Creek, Alberta during Sacred Ceremony, April 6, 2013.

We recommend that you **DO NOT** listen to *Ancient Voices* when you are driving or doing anything that requires your attention and concentration.

To find out more about Cindy Johnston, visit:
www.timelessness.ca

To find out more about Sharon Carne, visit:
www.soundwellness.com

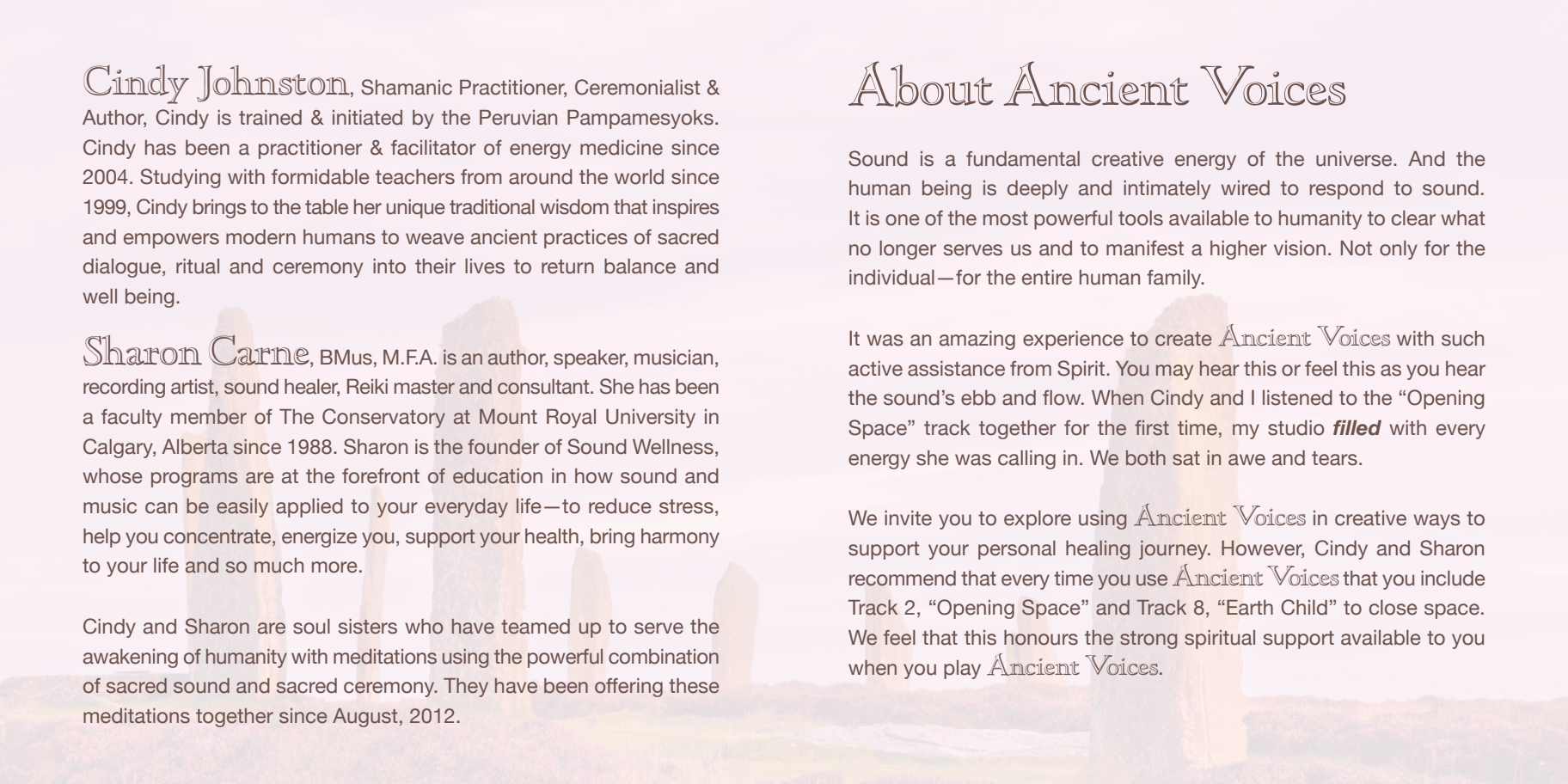
The cover photo is the Ring of Brodgar on the Orkney Islands in Northern Scotland. Graphics by Alana Berringer-Chin of Luoda Design.

© © Cindy Johnston and Sharon Carne, 2013

AncientVoices



CINDY JOHNSTON & SHARON CARNE



Cindy Johnston, Shamanic Practitioner, Ceremonialist & Author, Cindy is trained & initiated by the Peruvian Pampamesyoks. Cindy has been a practitioner & facilitator of energy medicine since 2004. Studying with formidable teachers from around the world since 1999, Cindy brings to the table her unique traditional wisdom that inspires and empowers modern humans to weave ancient practices of sacred dialogue, ritual and ceremony into their lives to return balance and well being.

Sharon Carne, BMus, M.F.A. is an author, speaker, musician, recording artist, sound healer, Reiki master and consultant. She has been a faculty member of The Conservatory at Mount Royal University in Calgary, Alberta since 1988. Sharon is the founder of Sound Wellness, whose programs are at the forefront of education in how sound and music can be easily applied to your everyday life—to reduce stress, help you concentrate, energize you, support your health, bring harmony to your life and so much more.

Cindy and Sharon are soul sisters who have teamed up to serve the awakening of humanity with meditations using the powerful combination of sacred sound and sacred ceremony. They have been offering these meditations together since August, 2012.

About Ancient Voices

Sound is a fundamental creative energy of the universe. And the human being is deeply and intimately wired to respond to sound. It is one of the most powerful tools available to humanity to clear what no longer serves us and to manifest a higher vision. Not only for the individual—for the entire human family.

It was an amazing experience to create *Ancient Voices* with such active assistance from Spirit. You may hear this or feel this as you hear the sound's ebb and flow. When Cindy and I listened to the "Opening Space" track together for the first time, my studio **filled** with every energy she was calling in. We both sat in awe and tears.

We invite you to explore using *Ancient Voices* in creative ways to support your personal healing journey. However, Cindy and Sharon recommend that every time you use *Ancient Voices* that you include Track 2, "Opening Space" and Track 8, "Earth Child" to close space. We feel that this honours the strong spiritual support available to you when you play *Ancient Voices*.